



Radiant Yoga



brings you

Biodynamic CranioSacral Therapy

Level 1
with International trainer
Leonid Soboleff

5th March — 10th March 2019

About CranioSacral Therapy

It's a privilege to have Leonid do training here in Sydney. He is a passionate teacher with over twenty years experience travelling the world and passing on his knowledge and skills.

CranioSacral Therapy is a beautiful and gentle healing modality that enables the bodies innate intelligence to heal itself.. In this training we look at the physiology of the process and an innate ability for the body to heal itself. Developing Stillness as the core of our whole existence. The touch we use is very gentle and non-invasive which allows us to heal on a very deep level.

Biodynamic CranioSacral Therapy very effectively works with stress, injuries and emotional traumas of the past. If you are a Yogi or Yogini or looking for a self-healing, this is the class for you. If you are a mother or if you are planning to become one, this is a great skill to have while you are raising children. Depending on whether you would like to come to the training for self-healing, or to enhance your skills as a healer. Eventually, it will all lead to one, to become whole.

It enables us to navigate through different dimensions of time and space, I call it accessing "The Time Line".

If you are reading this, then maybe you would like the opportunity to explore and learn more about our bodies innate healing systems from a passionate and committed teacher. You will learn hands on (non-invasive) skills which will bring about personal and spiritual transformation. Level 1 will be in a beautiful and relaxed setting which supports and enhances your journey. Please join me for 6 amazing days.

Awareness

Presence

Dynamic Stillness

The Breath of Life





Course Details

Dates: 5th March – 10th March 2019

Venue: Castle Hill

Deposit: \$300 to reserve your place

Total Investment Cost: \$1,200

Lunch & refreshments included.

Spaces are filling fast!!!

For more information:

Contact Bronwyn

Mobile: 0414 505 353

Email: bwindell@bigpond.net.au

Further information Link:
www.craniosacralasia.com



About Leonid Soboleff

At age 23, after completing his medical degree at Tver Medical Academy in Russia, He began to realize the limitations of conventional medicine along with the restrictions of the Soviet regime. This initiated a relentless pursuit for freedom and alternative healing in the United States at Esalen Institute in Big Sur, California - a place that became home for the next 10 years.

At Esalen, he was privileged to study many healing modalities: CranioSacral Therapy, Visceral Manipulation, Integrated Awareness, Body Zen Therapy, Esalen Massage, Iridology and Nutrition. He's practiced Yoga, Martial Arts, lived with monks in a Zen monastery and immersed himself in Vipassana meditation. Of all these pursuits, CranioSacral Therapy, Vipassana meditation and the study of human anatomy have unfolded as his life passions.

After studies at Esalen and 20 years of CranioSacral Therapy practice, he had a calling to teach. With teaching, he was able to combine his enthusiasm for people, learning, and knowledge of the physical body. He also found through teaching it allowed him to explore the endless possibilities available through tapping into the Innate Intelligence which resides in the body. His acquired skills helped him to "listen" in bodywork techniques, and that is what he intends to impart to his students. In his work and teaching, the emphasis is on the simple Art of Listening, Stillness, and Presence.

